

Creamy Avocado Egg Salad Cucumber Bites



Satisfying avocado egg salad on crisp cucumber slices, a healthy snack bursting with flavor and nutrients. – makes about 4 servings –

Ingredients:

2 ripe avocados
4 hard-boiled eggs
1/4 cup plain Greek yogurt
1 tablespoon lemon juice
Salt and pepper to taste
1 English cucumber, sliced into rounds
1/4 tsp smoked paprika, for garnish

Instructions:

1. In a bowl, mash avocados and eggs together.
 2. Mix in yogurt, lemon juice, salt, and pepper.
 3. Spoon avocado egg salad onto cucumber slices.
- Garnish with additional seasonings if desired.

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For more delightful recipes like this one, please refer to the cookbook mentioned below. Additionally, consider hiring Chef Linda for personalized menu creations tailored to your preferences. For more information, please follow the links provided.



[Recipe from: Beyond Keto Diet: Almost Keto Meal Planning Made Easy: A Step-By-Step Guide To Shedding Pounds](#)